

15 jaar, Dames

1-1-1989-30-8-2024

Alleen vereniging: 10-051

25 vrije slag

| | | | | |
|---------------------|----|--------|-------|---------|
| Silje Welsh | 92 | 10-051 | 13.95 | 21-6-08 |
| Fabienne de Ruijter | 89 | 10-051 | 14.43 | 25-1-04 |
| Amanda Hoogenboom | 92 | 10-051 | 15.86 | 21-6-08 |
| Ashley Kretsch | 92 | 10-051 | 16.16 | 21-6-08 |

100 vrije slag

| | | | | |
|-----------------------|----|--------|---------|----------|
| Megan Wainwright | 95 | 10-051 | 1:01.31 | 10-3-11 |
| Hannah Mckenzie | 96 | 10-051 | 1:01.80 | 9-10-11 |
| Cathelijn Bogers | 01 | 10-051 | 1:03.94 | 12-3-17 |
| Silje Welsh | 92 | 10-051 | 1:04.30 | 5-1-08 |
| Kassidy Dawn | 99 | 10-051 | 1:04.59 | 13-3-15 |
| Jasmine el Taraboulsi | 01 | 10-051 | 1:04.94 | 7-1-17 |
| Nuria Boersma | 01 | 10-051 | 1:05.04 | 12-2-17 |
| Myada El Barkouki | 97 | 10-051 | 1:05.08 | 12-1-13 |
| Tamara Hoogenboom | 90 | 10-051 | 1:06.15 | 3-12-05 |
| Helen Nie | 96 | 10-051 | 1:06.20 | 13-11-11 |

400 vrije slag

| | | | | |
|--------------------|----|--------|---------|----------|
| Hannah Mckenzie | 96 | 10-051 | 4:50.23 | 30-10-11 |
| Tamara Hoogenboom | 90 | 10-051 | 5:06.00 | 7-5-05 |
| Cathelijn Bogers | 01 | 10-051 | 5:08.84 | 2-10-16 |
| Silje Welsh | 92 | 10-051 | 5:12.81 | 4-11-07 |
| Juliëtte Priester | 08 | 10-051 | 5:14.87 | 28-1-24 |
| Ashley Kretsch | 92 | 10-051 | 5:23.99 | 13-4-08 |
| Ivon Hensen | 91 | 10-051 | 5:28.78 | 12-3-06 |
| Florien van Veenen | 08 | 10-051 | 5:29.66 | 28-1-24 |
| Dagmar Ros | 04 | 10-051 | 5:34.41 | 16-2-20 |
| Petra Vermeulen | 90 | 10-051 | 5:40.76 | 27-2-05 |

1500 vrije slag

| | | | | |
|-------------------|----|--------|----------|----------|
| Ashley Kretsch | 92 | 10-051 | 21:49.91 | 2-12-07 |
| Tamara Hoogenboom | 90 | 10-051 | 21:58.81 | 5-11-05 |
| Rachael Kretsch | 96 | 10-051 | 23:54.87 | 27-11-11 |
| Ingeborg Efdée | 97 | 10-051 | 25:02.22 | 3-11-12 |
| Nadine Ansink | 97 | 10-051 | 25:07.84 | 24-2-13 |

25 rugslag

| | | | | |
|-------------------|----|--------|-------|---------|
| Silje Welsh | 92 | 10-051 | 18.45 | 21-6-08 |
| Ashley Kretsch | 92 | 10-051 | 19.04 | 21-6-08 |
| Amanda Hoogenboom | 92 | 10-051 | 19.76 | 21-6-08 |

100 rugslag

| | | | | |
|-----------------------|----|--------|---------|----------|
| Hannah Mckenzie | 96 | 10-051 | 1:08.59 | 9-10-11 |
| Cathelijn Bogers | 01 | 10-051 | 1:13.51 | 2-10-16 |
| Jasmine el Taraboulsi | 01 | 10-051 | 1:13.85 | 12-3-17 |
| Juliëtte Priester | 08 | 10-051 | 1:14.86 | 26-11-23 |
| Nuria Boersma | 01 | 10-051 | 1:14.93 | 12-3-17 |
| Marina Welsh | 95 | 10-051 | 1:15.60 | 10-3-11 |
| Megan Albon | 98 | 10-051 | 1:15.65 | 8-3-13 |
| Emma Pears | 99 | 10-051 | 1:16.61 | 7-3-14 |
| Myada El Barkouki | 97 | 10-051 | 1:17.09 | 20-1-13 |
| Michelle Bellekom | 96 | 10-051 | 1:17.50 | 4-3-12 |

50 vrije slag

| | | | | |
|-----------------------|----|--------|-------|---------|
| Hannah Mckenzie | 96 | 10-051 | 28.15 | 9-10-11 |
| Megan Wainwright | 95 | 10-051 | 29.23 | 7-11-10 |
| Silje Welsh | 92 | 10-051 | 29.25 | 29-6-08 |
| Kassidy Dawn | 99 | 10-051 | 29.34 | 13-3-15 |
| Myada El Barkouki | 97 | 10-051 | 29.55 | 3-3-13 |
| Jasmine el Taraboulsi | 01 | 10-051 | 29.64 | 9-3-17 |
| Nuria Boersma | 01 | 10-051 | 29.92 | 9-4-17 |
| Helen Nie | 96 | 10-051 | 29.96 | 6-11-11 |
| Marina Welsh | 95 | 10-051 | 29.99 | 10-3-11 |
| Karin Simons | 89 | 10-051 | 30.07 | 4-12-04 |

200 vrije slag

| | | | | |
|--------------------|----|--------|---------|---------|
| Hannah Mckenzie | 96 | 10-051 | 2:13.09 | 2-10-11 |
| Megan Wainwright | 95 | 10-051 | 2:14.97 | 10-3-11 |
| Megan Albon | 98 | 10-051 | 2:23.52 | 7-3-13 |
| Silje Welsh | 92 | 10-051 | 2:24.87 | 6-1-08 |
| Eva Kerdel | 05 | 10-051 | 2:25.12 | 4-10-20 |
| Tamara Hoogenboom | 90 | 10-051 | 2:25.58 | 13-3-05 |
| Charlotte Drastich | 02 | 10-051 | 2:25.88 | 14-1-18 |
| Nuria Boersma | 01 | 10-051 | 2:26.36 | 2-4-17 |
| Ivon Hensen | 91 | 10-051 | 2:26.74 | 18-3-07 |
| Julia Santiago | 97 | 10-051 | 2:27.37 | 10-3-13 |

800 vrije slag

| | | | | |
|-------------------|----|--------|----------|----------|
| Silje Welsh | 92 | 10-051 | 10:31.82 | 4-11-07 |
| Juliëtte Priester | 08 | 10-051 | 11:09.85 | 2-2-24 |
| Ivon Hensen | 91 | 10-051 | 11:16.69 | 5-2-06 |
| Ashley Kretsch | 92 | 10-051 | 11:23.05 | 13-10-07 |
| Iris de Jong | 91 | 10-051 | 11:28.28 | 5-2-06 |
| Roos Geut | 93 | 10-051 | 11:33.82 | 2-11-08 |
| Rachael Kretsch | 96 | 10-051 | 12:37.09 | 27-11-11 |
| Ingeborg Efdée | 97 | 10-051 | 13:15.76 | 3-11-12 |
| Nadine Ansink | 97 | 10-051 | 13:23.70 | 24-2-13 |

5000 vrije slag**50 rugslag**

| | | | | |
|-----------------------|----|--------|-------|----------|
| Hannah Mckenzie | 96 | 10-051 | 32.76 | 30-10-11 |
| Jasmine el Taraboulsi | 01 | 10-051 | 33.78 | 9-4-17 |
| Michelle Bellekom | 96 | 10-051 | 34.21 | 21-4-12 |
| Cathelijn Bogers | 01 | 10-051 | 34.35 | 6-11-16 |
| Juliëtte Priester | 08 | 10-051 | 34.87 | 14-4-24 |
| Nuria Boersma | 01 | 10-051 | 35.35 | 9-4-17 |
| Roos Geut | 93 | 10-051 | 35.46 | 16-11-08 |
| Megan Wainwright | 95 | 10-051 | 35.51 | 7-11-10 |
| Florien van Veenen | 08 | 10-051 | 35.60 | 14-4-24 |
| Helen Nie | 96 | 10-051 | 35.64 | 6-11-11 |

200 rugslag

| | | | | |
|-----------------------|----|--------|---------|----------|
| Hannah Mckenzie | 96 | 10-051 | 2:25.96 | 12-11-11 |
| Cathelijn Bogers | 01 | 10-051 | 2:39.40 | 12-3-17 |
| Michelle Bellekom | 96 | 10-051 | 2:40.74 | 12-5-12 |
| Jasmine el Taraboulsi | 01 | 10-051 | 2:40.80 | 13-11-16 |
| Juliëtte Priester | 08 | 10-051 | 2:42.62 | 7-4-24 |
| Megan Wainwright | 95 | 10-051 | 2:44.04 | 16-1-11 |
| Nuria Boersma | 01 | 10-051 | 2:44.17 | 22-1-17 |
| Iris de Jong | 91 | 10-051 | 2:45.22 | 13-5-07 |
| Roos Geut | 93 | 10-051 | 2:46.01 | 5-4-09 |
| Ashley Kretsch | 92 | 10-051 | 2:49.30 | 13-4-08 |

25 schoolslag

| | | | | |
|-------------------|----|--------|-------|---------|
| Silje Welsh | 92 | 10-051 | 18.74 | 21-6-08 |
| Amanda Hoogenboom | 92 | 10-051 | 22.26 | 21-6-08 |
| Ashley Kretsch | 92 | 10-051 | 22.39 | 21-6-08 |

100 schoolslag

| | | | | |
|-----------------------|----|--------|---------|---------|
| Kassidy Dawn | 99 | 10-051 | 1:16.88 | 13-3-15 |
| Nuria Boersma | 01 | 10-051 | 1:18.84 | 8-1-17 |
| Lara Plazier | 00 | 10-051 | 1:20.92 | 20-3-16 |
| Jasmine el Taraboulsi | 01 | 10-051 | 1:22.23 | 8-1-17 |
| Charlotte Drastich | 02 | 10-051 | 1:22.45 | 8-3-18 |
| Iris de Jong | 91 | 10-051 | 1:23.89 | 12-5-07 |
| Petra Vermeulen | 90 | 10-051 | 1:25.29 | 24-4-05 |
| Ada Eker | 05 | 10-051 | 1:25.33 | 4-10-20 |
| Tamara Hoogenboom | 90 | 10-051 | 1:27.13 | 11-9-05 |
| Maya Ball | 02 | 10-051 | 1:27.21 | 18-3-18 |

25 vlinderslag

| | | | | |
|-------------------|----|--------|-------|---------|
| Silje Welsh | 92 | 10-051 | 14.89 | 21-6-08 |
| Ashley Kretsch | 92 | 10-051 | 17.30 | 21-6-08 |
| Amanda Hoogenboom | 92 | 10-051 | 18.86 | 21-6-08 |

100 vlinderslag

| | | | | |
|-----------------------|----|--------|---------|----------|
| Jasmine el Taraboulsi | 01 | 10-051 | 1:11.94 | 9-3-17 |
| Silje Welsh | 92 | 10-051 | 1:12.45 | 6-1-08 |
| Megan Wainwright | 95 | 10-051 | 1:12.58 | 13-3-11 |
| Hannah Mckenzie | 96 | 10-051 | 1:15.00 | 12-11-11 |
| Myada El Barkouki | 97 | 10-051 | 1:15.55 | 13-1-13 |
| Tamara Hoogenboom | 90 | 10-051 | 1:16.68 | 13-3-05 |
| Helen Nie | 96 | 10-051 | 1:18.28 | 12-5-12 |
| Juliëtte Priester | 08 | 10-051 | 1:18.99 | 12-11-23 |
| Maria Clemente | 01 | 10-051 | 1:19.32 | 9-3-17 |
| Karin Simons | 89 | 10-051 | 1:19.44 | 28-11-04 |

100 wisselslag

| | | | | |
|--------------------|----|--------|---------|---------|
| Megan Wainwright | 95 | 10-051 | 1:14.02 | 7-11-10 |
| Helen Nie | 96 | 10-051 | 1:15.35 | 6-11-11 |
| Tamara Hoogenboom | 90 | 10-051 | 1:16.47 | 18-9-05 |
| Michelle Bellekom | 96 | 10-051 | 1:16.61 | 17-6-12 |
| Juliëtte Priester | 08 | 10-051 | 1:16.76 | 7-2-24 |
| Ivon Hensen | 91 | 10-051 | 1:17.40 | 15-4-07 |
| Myada El Barkouki | 97 | 10-051 | 1:17.67 | 2-6-13 |
| Silje Welsh | 92 | 10-051 | 1:17.94 | 29-6-08 |
| Karin Simons | 89 | 10-051 | 1:18.22 | 4-12-04 |
| Florien van Veenen | 08 | 10-051 | 1:18.37 | 11-2-24 |

400 wisselslag

| | | | | |
|--------------------|----|--------|---------|---------|
| Juliëtte Priester | 08 | 10-051 | 5:56.75 | 4-2-24 |
| Nuria Boersma | 01 | 10-051 | 5:57.76 | 9-10-16 |
| Tamara Hoogenboom | 90 | 10-051 | 6:06.13 | 12-2-05 |
| Florien van Veenen | 08 | 10-051 | 6:10.35 | 2-2-24 |
| Myrthe Droogh | 06 | 10-051 | 6:33.96 | 27-3-22 |
| Maria Clemente | 01 | 10-051 | 6:37.09 | 9-10-16 |
| Nienke Vergeer | 08 | 10-051 | 6:42.20 | 1-6-24 |
| Nadine Ansink | 97 | 10-051 | 6:51.93 | 16-3-13 |
| Ingeborg Efdée | 97 | 10-051 | 6:55.55 | 13-1-13 |

50 schoolslag

| | | | | |
|-----------------------|----|--------|-------|----------|
| Kassidy Dawn | 99 | 10-051 | 35.12 | 4-4-15 |
| Nuria Boersma | 01 | 10-051 | 36.09 | 9-4-17 |
| Lara Plazier | 00 | 10-051 | 36.45 | 29-11-15 |
| Helen Nie | 96 | 10-051 | 37.38 | 6-11-11 |
| Jasmine el Taraboulsi | 01 | 10-051 | 38.04 | 15-1-17 |
| Charlotte Drastich | 02 | 10-051 | 38.50 | 8-3-18 |
| Petra Vermeulen | 90 | 10-051 | 39.04 | 24-9-05 |
| Ada Eker | 05 | 10-051 | 39.22 | 4-10-20 |
| Tamara Hoogenboom | 90 | 10-051 | 39.32 | 24-9-05 |
| Iris de Jong | 91 | 10-051 | 39.33 | 13-5-07 |

200 schoolslag

| | | | | |
|-----------------------|----|--------|---------|---------|
| Nuria Boersma | 01 | 10-051 | 2:52.00 | 12-3-17 |
| Iris de Jong | 91 | 10-051 | 2:58.09 | 19-5-07 |
| Jasmine el Taraboulsi | 01 | 10-051 | 2:58.32 | 12-3-17 |
| Lara Plazier | 00 | 10-051 | 3:02.02 | 4-10-15 |
| Petra Vermeulen | 90 | 10-051 | 3:02.61 | 11-9-05 |
| Ivon Hensen | 91 | 10-051 | 3:04.18 | 7-1-07 |
| Helen Nie | 96 | 10-051 | 3:07.63 | 2-10-11 |
| Tamara Hoogenboom | 90 | 10-051 | 3:07.76 | 11-9-05 |
| Kassidy Dawn | 99 | 10-051 | 3:09.69 | 18-1-15 |
| Michelle Bellekom | 96 | 10-051 | 3:11.12 | 13-5-12 |

50 vlinderslag

| | | | | |
|-----------------------|----|--------|-------|---------|
| Megan Wainwright | 95 | 10-051 | 30.97 | 7-11-10 |
| Jasmine el Taraboulsi | 01 | 10-051 | 32.17 | 9-4-17 |
| Silje Welsh | 92 | 10-051 | 32.54 | 29-6-08 |
| Helen Nie | 96 | 10-051 | 33.06 | 6-11-11 |
| Juliëtte Priester | 08 | 10-051 | 33.20 | 14-1-24 |
| Myada El Barkouki | 97 | 10-051 | 33.23 | 14-4-13 |
| Nuria Boersma | 01 | 10-051 | 33.40 | 9-4-17 |
| Florien van Veenen | 08 | 10-051 | 33.70 | 1-6-24 |
| Lara Plazier | 00 | 10-051 | 33.91 | 10-4-16 |
| Tamara Hoogenboom | 90 | 10-051 | 34.04 | 30-1-05 |

200 vlinderslag

| | | | | |
|--------------------|----|--------|---------|---------|
| Tamara Hoogenboom | 90 | 10-051 | 2:57.31 | 8-5-05 |
| Florien van Veenen | 08 | 10-051 | 3:07.36 | 17-3-24 |
| Ivon Hensen | 91 | 10-051 | 3:07.44 | 11-3-06 |
| Silje Welsh | 92 | 10-051 | 3:08.12 | 15-3-08 |
| Maria Clemente | 01 | 10-051 | 3:17.57 | 12-3-17 |

200 wisselslag

| | | | | |
|-----------------------|----|--------|---------|----------|
| Jasmine el Taraboulsi | 01 | 10-051 | 2:35.86 | 10-3-17 |
| Megan Wainwright | 95 | 10-051 | 2:36.79 | 10-3-11 |
| Charlotte Drastich | 02 | 10-051 | 2:37.88 | 9-3-18 |
| Nuria Boersma | 01 | 10-051 | 2:40.56 | 12-2-17 |
| Tamara Hoogenboom | 90 | 10-051 | 2:45.72 | 29-5-05 |
| Silje Welsh | 92 | 10-051 | 2:47.10 | 23-9-07 |
| Juliëtte Priester | 08 | 10-051 | 2:47.74 | 7-7-24 |
| Florien van Veenen | 08 | 10-051 | 2:50.76 | 11-2-24 |
| Maya Ball | 02 | 10-051 | 2:51.10 | 4-2-18 |
| Lara Plazier | 00 | 10-051 | 2:51.65 | 19-12-15 |