

16 jaar, Dames

1-1-1989-30-8-2024

Alleen vereniging: 10-051

**25 vrije slag**

|                   |    |        |       |         |
|-------------------|----|--------|-------|---------|
| Ashley Kretsch    | 92 | 10-051 | 15.42 | 20-6-09 |
| Amanda Hoogenboom | 92 | 10-051 | 16.41 | 20-6-09 |

**50 vrije slag**

|                       |    |        |       |         |
|-----------------------|----|--------|-------|---------|
| Hannah Mckenzie       | 96 | 10-051 | 28.33 | 8-3-12  |
| Megan Wainwright      | 95 | 10-051 | 28.90 | 22-1-12 |
| Cathelijin Bogers     | 01 | 10-051 | 29.03 | 8-4-18  |
| Kassidy Dawn          | 99 | 10-051 | 29.25 | 10-3-16 |
| Karin Simons          | 89 | 10-051 | 29.33 | 22-5-05 |
| Julia Santiago        | 97 | 10-051 | 29.44 | 7-3-13  |
| Silje Welsh           | 92 | 10-051 | 29.55 | 18-1-09 |
| Jasmine el Taraboulsi | 01 | 10-051 | 29.93 | 8-3-18  |
| Lucy Kirkwood         | 99 | 10-051 | 30.01 | 10-3-16 |
| Petra Vermeulen       | 90 | 10-051 | 30.10 | 15-4-07 |

**100 vrije slag**

|                   |    |        |         |         |
|-------------------|----|--------|---------|---------|
| Silje Welsh       | 92 | 10-051 | 1:02.51 | 16-5-09 |
| Julia Santiago    | 97 | 10-051 | 1:03.31 | 8-3-13  |
| Cathelijin Bogers | 01 | 10-051 | 1:03.58 | 18-3-18 |
| Megan Wainwright  | 95 | 10-051 | 1:04.66 | 4-12-11 |
| Tamara Hoogenboom | 90 | 10-051 | 1:04.81 | 20-5-07 |
| Karin Simons      | 89 | 10-051 | 1:05.48 | 2-10-05 |
| Nuria Boersma     | 01 | 10-051 | 1:05.88 | 18-3-18 |
| Marina Welsh      | 95 | 10-051 | 1:05.95 | 17-6-12 |
| Hannah Mckenzie   | 96 | 10-051 | 1:06.27 | 11-3-12 |
| Kassidy Dawn      | 99 | 10-051 | 1:06.34 | 11-3-16 |

**200 vrije slag**

|                       |    |        |         |          |
|-----------------------|----|--------|---------|----------|
| Tamara Hoogenboom     | 90 | 10-051 | 2:19.31 | 10-3-07  |
| Hannah Mckenzie       | 96 | 10-051 | 2:20.11 | 8-3-12   |
| Silje Welsh           | 92 | 10-051 | 2:20.84 | 11-1-09  |
| Megan Albon           | 98 | 10-051 | 2:22.32 | 6-3-14   |
| Megan Wainwright      | 95 | 10-051 | 2:26.69 | 2-10-11  |
| Karin Simons          | 89 | 10-051 | 2:27.26 | 27-11-05 |
| Michelle Bellekom     | 96 | 10-051 | 2:28.12 | 30-9-12  |
| Marit Knevel          | 05 | 10-051 | 2:29.51 | 3-10-21  |
| Jasmine el Taraboulsi | 01 | 10-051 | 2:30.25 | 14-1-18  |
| Maya Ball             | 02 | 10-051 | 2:30.69 | 13-1-19  |

**400 vrije slag**

|                   |    |        |         |          |
|-------------------|----|--------|---------|----------|
| Tamara Hoogenboom | 90 | 10-051 | 4:50.11 | 12-5-07  |
| Silje Welsh       | 92 | 10-051 | 5:00.41 | 12-10-08 |
| Karin Simons      | 89 | 10-051 | 5:12.51 | 2-4-05   |
| Nuria Boersma     | 01 | 10-051 | 5:12.90 | 5-11-17  |
| Maya Ball         | 02 | 10-051 | 5:13.79 | 4-11-18  |
| Petra Vermeulen   | 90 | 10-051 | 5:22.10 | 10-3-07  |
| Hannah Mckenzie   | 96 | 10-051 | 5:24.26 | 29-9-12  |
| Ashley Kretsch    | 92 | 10-051 | 5:28.25 | 12-10-08 |
| Michelle Bellekom | 96 | 10-051 | 5:32.65 | 16-12-12 |
| Rachael Kretsch   | 96 | 10-051 | 5:48.99 | 12-1-13  |

**800 vrije slag**

|                   |    |        |          |          |
|-------------------|----|--------|----------|----------|
| Silje Welsh       | 92 | 10-051 | 10:23.04 | 2-11-08  |
| Tamara Hoogenboom | 90 | 10-051 | 10:35.19 | 1-4-07   |
| Michelle Bellekom | 96 | 10-051 | 11:09.59 | 24-3-13  |
| Petra Vermeulen   | 90 | 10-051 | 11:09.95 | 22-10-06 |
| Ashley Kretsch    | 92 | 10-051 | 11:15.76 | 29-11-08 |
| Maya Ball         | 02 | 10-051 | 11:18.71 | 3-3-19   |
| Rachael Kretsch   | 96 | 10-051 | 12:11.68 | 21-10-12 |
| Maira Loechteken  | 00 | 10-051 | 12:17.96 | 11-12-16 |
| Nadine Ansink     | 97 | 10-051 | 13:10.67 | 12-10-13 |

**1500 vrije slag**

|                   |    |        |          |          |
|-------------------|----|--------|----------|----------|
| Tamara Hoogenboom | 90 | 10-051 | 20:34.70 | 18-11-06 |
| Ashley Kretsch    | 92 | 10-051 | 21:22.67 | 29-11-08 |
| Maya Ball         | 02 | 10-051 | 21:24.97 | 3-3-19   |
| Michelle Bellekom | 96 | 10-051 | 22:29.10 | 3-11-12  |

**5000 vrije slag****25 rugslag**

|                   |    |        |       |         |
|-------------------|----|--------|-------|---------|
| Ashley Kretsch    | 92 | 10-051 | 19.28 | 20-6-09 |
| Amanda Hoogenboom | 92 | 10-051 | 19.36 | 20-6-09 |

**50 rugslag**

|                       |    |        |       |          |
|-----------------------|----|--------|-------|----------|
| Michelle Bellekom     | 96 | 10-051 | 33.80 | 14-4-13  |
| Hannah Mckenzie       | 96 | 10-051 | 34.41 | 29-9-12  |
| Karin Simons          | 89 | 10-051 | 34.58 | 29-5-05  |
| Jasmine el Taraboulsi | 01 | 10-051 | 35.14 | 11-11-17 |
| Eva Kerdel            | 05 | 10-051 | 35.36 | 3-10-21  |
| Nuria Boersma         | 01 | 10-051 | 35.41 | 8-4-18   |
| Tamara Hoogenboom     | 90 | 10-051 | 35.56 | 25-2-07  |
| Fabienne de Ruijter   | 89 | 10-051 | 36.10 | 29-5-05  |
| Marina Welsh          | 95 | 10-051 | 36.25 | 11-3-12  |
| Lara Plazier          | 00 | 10-051 | 36.56 | 9-4-17   |

**100 rugslag**

|                       |    |        |         |          |
|-----------------------|----|--------|---------|----------|
| Michelle Bellekom     | 96 | 10-051 | 1:11.77 | 10-3-13  |
| Jasmine el Taraboulsi | 01 | 10-051 | 1:14.22 | 11-11-17 |
| Hannah Mckenzie       | 96 | 10-051 | 1:14.30 | 7-10-12  |
| Marina Welsh          | 95 | 10-051 | 1:15.02 | 11-3-12  |
| Megan Albon           | 98 | 10-051 | 1:15.89 | 7-3-14   |
| Tamara Hoogenboom     | 90 | 10-051 | 1:16.16 | 19-5-07  |
| Nuria Boersma         | 01 | 10-051 | 1:16.28 | 11-11-17 |
| Silje Welsh           | 92 | 10-051 | 1:16.78 | 5-4-09   |
| Karin Simons          | 89 | 10-051 | 1:17.20 | 24-9-05  |
| Myada El Barkouki     | 97 | 10-051 | 1:18.27 | 6-10-13  |

**200 rugslag**

|                   |    |        |         |          |
|-------------------|----|--------|---------|----------|
| Hannah Mckenzie   | 96 | 10-051 | 2:35.25 | 11-3-12  |
| Megan Wainwright  | 95 | 10-051 | 2:39.63 | 22-1-12  |
| Michelle Bellekom | 96 | 10-051 | 2:40.89 | 11-11-12 |
| Maya Ball         | 02 | 10-051 | 2:44.70 | 24-3-19  |
| Marina Welsh      | 95 | 10-051 | 2:45.61 | 22-1-12  |
| Nuria Boersma     | 01 | 10-051 | 2:45.99 | 4-2-18   |
| Silje Welsh       | 92 | 10-051 | 2:48.61 | 18-1-09  |
| Tamara Hoogenboom | 90 | 10-051 | 2:48.87 | 25-11-06 |
| Karin Simons      | 89 | 10-051 | 2:49.00 | 2-4-05   |
| Petra Vermeulen   | 90 | 10-051 | 2:49.44 | 10-3-07  |

**25 schoolslag**

|                   |    |        |       |         |
|-------------------|----|--------|-------|---------|
| Amanda Hoogenboom | 92 | 10-051 | 22.00 | 20-6-09 |
| Ashley Kretsch    | 92 | 10-051 | 22.32 | 20-6-09 |

**100 schoolslag**

|                       |    |        |         |          |
|-----------------------|----|--------|---------|----------|
| Kassidy Dawn          | 99 | 10-051 | 1:16.29 | 10-3-16  |
| Lara Plazier          | 00 | 10-051 | 1:20.26 | 9-3-17   |
| Nuria Boersma         | 01 | 10-051 | 1:22.06 | 19-11-17 |
| Petra Vermeulen       | 90 | 10-051 | 1:23.98 | 12-5-07  |
| Karin Simons          | 89 | 10-051 | 1:25.09 | 21-5-05  |
| Tamara Hoogenboom     | 90 | 10-051 | 1:25.39 | 6-1-07   |
| Iris de Jong          | 91 | 10-051 | 1:25.59 | 30-9-07  |
| Jasmine el Taraboulsi | 01 | 10-051 | 1:26.15 | 1-10-17  |
| Maya Ball             | 02 | 10-051 | 1:26.78 | 7-10-18  |
| Helen Nie             | 96 | 10-051 | 1:26.80 | 30-9-12  |

**25 vlinderslag**

|                   |    |        |       |         |
|-------------------|----|--------|-------|---------|
| Ashley Kretsch    | 92 | 10-051 | 17.16 | 20-6-09 |
| Amanda Hoogenboom | 92 | 10-051 | 18.86 | 20-6-09 |

**100 vlinderslag**

|                       |    |        |         |         |
|-----------------------|----|--------|---------|---------|
| Silje Welsh           | 92 | 10-051 | 1:10.03 | 16-5-09 |
| Jasmine el Taraboulsi | 01 | 10-051 | 1:13.23 | 4-2-18  |
| Tamara Hoogenboom     | 90 | 10-051 | 1:14.52 | 13-5-07 |
| Julia Santiago        | 97 | 10-051 | 1:15.27 | 7-3-13  |
| Megan Wainwright      | 95 | 10-051 | 1:15.67 | 2-10-11 |
| Petra Vermeulen       | 90 | 10-051 | 1:16.18 | 5-11-06 |
| Karin Simons          | 89 | 10-051 | 1:19.64 | 24-4-05 |
| Michelle Bellekom     | 96 | 10-051 | 1:21.77 | 30-9-12 |
| Maya Ball             | 02 | 10-051 | 1:21.82 | 10-2-19 |
| Maria Clemente        | 01 | 10-051 | 1:22.14 | 8-3-18  |

**100 wisselslag**

|                     |    |        |         |         |
|---------------------|----|--------|---------|---------|
| Megan Wainwright    | 95 | 10-051 | 1:14.43 | 11-3-12 |
| Silje Welsh         | 92 | 10-051 | 1:14.70 | 15-3-09 |
| Karin Simons        | 89 | 10-051 | 1:15.15 | 10-4-05 |
| Tamara Hoogenboom   | 90 | 10-051 | 1:15.37 | 6-5-07  |
| Petra Vermeulen     | 90 | 10-051 | 1:16.38 | 17-9-06 |
| Michelle Bellekom   | 96 | 10-051 | 1:16.54 | 16-9-12 |
| Helen Nie           | 96 | 10-051 | 1:17.09 | 10-3-13 |
| Marina Welsh        | 95 | 10-051 | 1:18.34 | 18-9-11 |
| Ivon Hensen         | 91 | 10-051 | 1:19.51 | 9-3-08  |
| Fabienne de Ruijter | 89 | 10-051 | 1:19.96 | 18-9-05 |

**400 wisselslag**

|                   |    |        |         |         |
|-------------------|----|--------|---------|---------|
| Tamara Hoogenboom | 90 | 10-051 | 5:45.15 | 10-2-07 |
| Karin Simons      | 89 | 10-051 | 5:54.14 | 12-2-05 |
| Michelle Bellekom | 96 | 10-051 | 5:55.94 | 17-3-13 |
| Maya Ball         | 02 | 10-051 | 6:03.90 | 20-1-19 |
| Ashley Kretsch    | 92 | 10-051 | 6:12.16 | 9-2-08  |

**50 schoolslag**

|                       |    |        |       |          |
|-----------------------|----|--------|-------|----------|
| Kassidy Dawn          | 99 | 10-051 | 35.51 | 10-3-16  |
| Lara Plazier          | 00 | 10-051 | 36.50 | 15-1-17  |
| Petra Vermeulen       | 90 | 10-051 | 37.74 | 6-5-07   |
| Nuria Boersma         | 01 | 10-051 | 37.94 | 5-11-17  |
| Tamara Hoogenboom     | 90 | 10-051 | 39.14 | 12-2-06  |
| Karin Simons          | 89 | 10-051 | 39.32 | 28-5-05  |
| Marlies Hensen        | 89 | 10-051 | 39.74 | 6-2-05   |
| Michelle Bellekom     | 96 | 10-051 | 40.11 | 14-4-13  |
| Jasmine el Taraboulsi | 01 | 10-051 | 40.63 | 1-10-17  |
| Helen Nie             | 96 | 10-051 | 40.70 | 11-11-12 |

**200 schoolslag**

|                       |    |        |         |         |
|-----------------------|----|--------|---------|---------|
| Nuria Boersma         | 01 | 10-051 | 2:58.64 | 4-2-18  |
| Lara Plazier          | 00 | 10-051 | 2:59.55 | 14-1-17 |
| Petra Vermeulen       | 90 | 10-051 | 2:59.66 | 19-5-07 |
| Jasmine el Taraboulsi | 01 | 10-051 | 3:01.18 | 1-10-17 |
| Karin Simons          | 89 | 10-051 | 3:03.33 | 22-5-05 |
| Tamara Hoogenboom     | 90 | 10-051 | 3:03.36 | 8-1-06  |
| Maya Ball             | 02 | 10-051 | 3:03.42 | 7-10-18 |
| Iris de Jong          | 91 | 10-051 | 3:03.80 | 9-3-08  |
| Helen Nie             | 96 | 10-051 | 3:06.05 | 10-3-13 |
| Kassidy Dawn          | 99 | 10-051 | 3:08.07 | 4-10-15 |

**50 vlinderslag**

|                       |    |        |       |          |
|-----------------------|----|--------|-------|----------|
| Silje Welsh           | 92 | 10-051 | 32.34 | 16-5-09  |
| Jasmine el Taraboulsi | 01 | 10-051 | 32.62 | 11-11-17 |
| Karin Simons          | 89 | 10-051 | 32.83 | 21-5-05  |
| Julia Santiago        | 97 | 10-051 | 33.19 | 7-3-13   |
| Lara Plazier          | 00 | 10-051 | 33.21 | 9-4-17   |
| Nuria Boersma         | 01 | 10-051 | 33.26 | 4-2-18   |
| Tamara Hoogenboom     | 90 | 10-051 | 33.36 | 12-5-07  |
| Petra Vermeulen       | 90 | 10-051 | 33.73 | 12-5-07  |
| Megan Wainwright      | 95 | 10-051 | 34.02 | 2-10-11  |
| Lucy Kirkwood         | 99 | 10-051 | 34.42 | 10-4-16  |

**200 vlinderslag**

|                   |    |        |         |         |
|-------------------|----|--------|---------|---------|
| Tamara Hoogenboom | 90 | 10-051 | 2:47.51 | 10-3-07 |
| Moira Loechteken  | 00 | 10-051 | 3:14.10 | 6-11-16 |

**200 wisselslag**

|                       |    |        |         |          |
|-----------------------|----|--------|---------|----------|
| Jasmine el Taraboulsi | 01 | 10-051 | 2:37.92 | 4-2-18   |
| Tamara Hoogenboom     | 90 | 10-051 | 2:41.55 | 15-4-07  |
| Megan Wainwright      | 95 | 10-051 | 2:42.87 | 4-3-12   |
| Silje Welsh           | 92 | 10-051 | 2:43.38 | 16-11-08 |
| Petra Vermeulen       | 90 | 10-051 | 2:44.69 | 15-4-07  |
| Karin Simons          | 89 | 10-051 | 2:45.47 | 29-5-05  |
| Michelle Bellekom     | 96 | 10-051 | 2:45.52 | 16-3-13  |
| Nuria Boersma         | 01 | 10-051 | 2:46.04 | 12-11-17 |
| Lara Plazier          | 00 | 10-051 | 2:47.07 | 10-3-17  |
| Maya Ball             | 02 | 10-051 | 2:48.12 | 10-2-19  |